

NY Project Hope
Coping with COVID



Need Support?

NY Project Hope Crisis Counselors are now offering **virtual weekly group sessions** to discuss various topics on how to manage stress during the COVID-19 pandemic.

*Join us Mondays at
12:00 pm and 4:00 pm!*

Free and Confidential
Helpline: 855-818-HOPE (4673)



Google Meet Code:
zbs-gknb-jca



NEW HORIZON

Counseling Center